

**NBCC International Global Mental Health Congress
Focus on the Never Served**

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NBCC International Global Mental Health Congress Focus on the Never Served

Esteemed Guest:



Welcome to the first ever NBCC International Global Mental Health Congress: Focus on the Never Served

This Congress was organized in response to calls for creative ways to address the world's critical need for mental health services. The World Health Organization estimates that 450 million people live with unserved mental health needs, and NBCC International recognizes the unique position counselors are in to help fill this void. Historically, counseling professionals have worked in schools, but more recently they have recognized the multiple connections between the school, community, and vocational selves of individuals. We have come to embrace the belief that effective intervention must take place in interconnected contexts – a belief shared by our colleagues in related mental health professions, who espouse the virtues of community-based care. We are ready to contribute to the implementation of that belief.

This Congress features presentations by some of the world's leading experts in mental health. By virtue of your attendance it is clear that you believe, as we do, that the world is ready for new paradigms for mental health care and the organization of mental health systems. Throughout the Congress, you will hear about strategies that have been developed to improve access to services. We look forward to receiving your feedback on these strategies.

On behalf of the National Board for Certified Counselors, Inc., and Affiliates (NBCC) and its NBCC International division, I welcome your collaboration and look forward to having your support in our important endeavor.

Respectfully,



Dr. Dawna Jackson-Sanford
Chair of the Board of Directors
National Board for Certified Counselors, Inc. and Affiliates

NBCC International Global Mental Health Congress Focus on the Never Served

Welcome colleagues.

We are pleased you have joined us for the first NBCC International Global Mental Health Congress. Our guests at this event represent the diversity of nationalities and disciplines dedicated to improving access to basic mental health services. Let us hope that our labors effect change for the world's most vulnerable populations.



Since its creation, NBCC International's staff has dedicated itself to creating change in the world. This Congress features NBCC International's efforts, in collaboration with WHO and various experts, to provide mental health services where few or none are available. WHO's Atlas projects, including the one NBCC International is collaborating on, suggest that in many countries the need for mental health service providers is dire. In response, NBCC International is pleased to introduce the Mental Health Facilitator (MHF) training and certification program. This program allows local mental health experts to develop a base of MHFs who can be a critical link in community-based care. While the concept of community-based care is not a new one, its implementation has been challenging. NBCC International has accepted this challenge and is proud to share with you the progress we have made.

We have convened distinguished speakers who will articulate the need for mental health services, the current capacity to address these needs, and suggested responses. In addition, some of the speakers will address the response NBCC International is formulating - MHF training and certification. We hope that this Congress provides an opportunity to open a long-lasting dialogue about the realities of community-based mental health practice and an avenue to assuage the distress of those in need.

Sincerely,

A handwritten signature in black ink that reads "Thomas W. Clawson". The signature is fluid and cursive.

Dr. Thomas W. Clawson
President & CEO
National Board for Certified Counselors, Inc. and Affiliates
& NBCC International

About NBCC International

NBCC International was founded in 2003 as a division of the National Board for Certified Counselors, Inc., and Affiliates (NBCC). Its creation answered increasing requests from colleagues and agencies outside the United States for help in developing counselor credentialing mechanisms and in promoting counseling around the world.

Counselors are quickly gaining recognition not only in schools, but as key personnel of mental health services and as crucial responders to disasters. When invited, NBCC International works with professional, educational and governmental leaders to develop credentialing for counselors and other professionals with concerns related to mental health. To accomplish this, NBCC International draws on the expertise of its parent organization, NBCC, with its 25 years of expertise as the leading credentialing organization for counselors in the United States.

On a global scale, NBCC International is working with the World Health Organization (WHO) to increase the availability of mental health support services. Officials of the WHO's Department of Mental Health and Substance Dependence asked staff of NBCC International to compile WHO's initial Counseling Atlas, the first publication to attempt to map counseling world-wide as a separate mental health profession. In addition, one of NBCC International's early projects helped WHO identify counseling resources for the 2004 Southeast Asia tsunami disaster.

NBCC International staff has also participated in the work of the Organization for Economic Co-operation and Development (OECD), the United Nations Educational, Scientific, and Cultural Organization (UNESCO), the United States Department of Commerce, and the Center for Quality Assurance in International Education (CQAIE).

As part of its global efforts, NBCC International has regional and country-specific projects with counseling bodies, universities, and government agencies in Africa, the Americas, Asia, and Europe. These collaborations are shaped by needs identified by local counseling leaders. NBCC International has developed career counseling and guidance-specific certification, general counselor certification, and standards setting procedures, among other tasks. The growing list of NBCC International field offices includes China, Romania, and Mexico, with requests to add Malawi, Geneva, and South East Asia.

To help develop the counseling profession across generations, NBCC International sponsors mentoring and exchange projects. These include the International Vanguard of Counsellors (<http://www.vanguardofcounsellors.org>) and the International Fellows at ACES (Association for Counselor Education and Supervision).

Go to <http://www.nbccinternational.org> for more information about NBCC International.



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NBCC International Global Mental Health Congress

Focus on the Never Served

SPEAKER Information

NBCC International Global Mental Health Congress Focus on the Never Served

Keynote Speakers (in order of appearance)



Dr. Benedetto Saraceno

Dr. Saraceno is director of the Department of Mental Health and Substance Dependence at the World Health Organization in Geneva. Before assuming that role at WHO a decade ago, he had a long list of distinctions in psychiatry and mental health. Trained at the University of Milan and the University of Parma, Dr. Saraceno began his career as a practicing psychiatrist. But his talents and interests eventually drew him into academia, then into public service as an advisor for WHO in Latin America. He has been a strong and consistent advocate of competent mental health services for the world's underserved, while also promoting mental health professions as vital components of a wellness system.

KEYNOTE ADDRESS 1

Global Mental Health Challenges from the WHO Perspective

Benedetto Saraceno, Director, Department of Mental Health and Substance Dependence, WHO

There is a rapid rise of mental health disorders. They represent a major challenge to global development. The rise in this burden will be relatively higher in developing countries. Cost-effective interventions are available for almost all mental disorders. Nevertheless, cost-effective interventions are not implemented and there is a huge gap between treated and untreated. Closing this gap is therefore a clear obligation which requires more investment, more human resources and a radical conceptual, paradigm shift.

NBCC International Global Mental Health Congress Focus on the Never Served

Keynote Speakers *(in order of appearance)*



Harriet Mayor Fulbright

Mrs. Fulbright is President of the J. William & Harriet Fulbright Center. The Fulbright Center is a non-profit organization which promotes the late Senator Fulbright's vision for world peace, and continues Mrs. Fulbright's lifework in education. Mrs. Fulbright is internationally renowned for her advocacy for international student exchange and cultural immersion programs, often serving as an unofficial ambassador for the Fulbright Program, named in honor of her late husband. She is a teacher, administrator, and lecturer. Mrs. Fulbright holds a BA from Radcliffe College, a MFA from George Washington University, numerous honorary degrees, and national awards from Hungary and Panama. Most recently, Mrs. Fulbright was awarded the Order of Australia for her service to educational and cultural exchange between Australia and the United States.

KEYNOTE ADDRESS 2

Creative Approaches to Education for the Poorly or Never Served

Harriet Mayor Fulbright, Chair, J. William and Harriet Fulbright Center

A key component for wellness is education. In any nation, rich or poor, education for children from disadvantaged homes is of critical importance. In the United States, a number of schools have found creative and effective ways to instill a love of learning and are willing to share the lessons they have learned. These lessons can resonate far beyond American communities, and their essence can serve as the basis for promoting other aspects of wellness in any society.

NBCC International Global Mental Health Congress Focus on the Never Served

Plenary Session Speakers (in alphabetical order)



Dr. Sonia Chehil

Dr. Chehil specializes in international mental health training issues. She is the first International Psychiatry Fellow at the Dalhousie University Department of Psychiatry. After receiving degrees in microbiology-neuroscience and educational psychology, she chose a career in medicine, specifically the assessment of mental health education and training issues in developing countries. She also has focused on clinical care and training programs in child and adolescent mental health.



Dr. J. Scott Hinkle

Dr. Hinkle is the Clinical Training Coordinator at NBCC International. A counselor educator and clinical supervisor, Dr. Hinkle directs the Mental Health Facilitator and *Atlas for Counsellors* projects in collaboration with the World Health Organization Department of Mental Health and Substance Dependence. He has written numerous articles and books on mental health counseling, psychodiagnosis, couples and family therapy, and psychological testing. Dr. Hinkle also investigates the use of distance education in counseling and supervision.



Dr. Stanley P. Kutcher

Dr. Kutcher is based at Dalhousie University in Halifax, Nova Scotia. He serves as associate dean of international medical development and research at the university while also directing the WHO Collaborating Center in Mental Health Training and Policy Development. In addition, he serves on numerous boards and advisory committees related to psychopharmacologic research and health services. He was trained in medicine and psychiatry at universities in Toronto and Edinburgh. He is an acknowledged international expert on adolescent psychiatry as well as mental health care training and program development. He is the creator of a number of human resources training programs and has helped write a number of national mental health policies.

NBCC International Global Mental Health Congress Focus on the Never Served

Plenary Session Speakers (in alphabetical order)



Dr. R. Srinivasa Murthy

Dr. Murthy is currently working with the mental health program of WHO's Iraq office in Amman. Until recently, he was working with WHO's Eastern Mediterranean Regional Office and its Mental Health Unit in Cairo, (2003-2005) which covers 22 countries, including Afghanistan, Sudan and Iraq. During the last three years, he has assisted people in a number of countries in conflict situations like Afghanistan, Iraq, Palestine, Sudan and Somalia. Prior to his recent WHO work, Murthy was Professor of Psychiatry at the National Institute of Mental Health and Neurosciences in Bangalore, India (1986-2003). He has contributed to more than 200 scientific publications, including a dozen manuals on mental health for non-psychiatrists like health workers, primary care doctors, prison staff, community level workers in disaster mental health care and school teachers. He has recently brought together about two dozen experiences of non-specialist, non-physician personnel involved in a variety of mental health activities in India under the title of "Mental Health by the People".



Dr. Shekhar Saxena

Dr. Saxena is Coordinator of the WHO Department of Mental Health and Substance Dependence, Evidence and Research program. He coordinates WHO's work on prevention and promotion in mental health. A psychiatrist by training with approximately 25 years of experience, he is an expert in mental health service research, program management, and information systems, particularly, in low and middle income countries. He has authored or edited more than 200 publications including *Mental Health Atlas* and the WHO Assessment Instrument for Mental Health Systems (WHO-AIMS). He also was one of the *2001 World Health Report* co-authors.



Dr. Lakshmi Vijayakumar

Dr. Vijayakumar is a consulting psychiatrist in Chennai, India, and is a member of the WHO International Network for Suicide Prevention and Research. She is a leading international authority on suicide and recently edited a book, *Suicide Prevention-Meeting the Challenge Together*, covering cultural issues in the area of suicide prevention. She was the first woman psychiatrist to be invited by the Carter Foundation to serve as a consultant on women's mental health. She was the first person from Asia to be the Vice President of the International Association for Suicide Prevention.

NBCC International Global Mental Health Congress

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Congress Schedule

**NBCC International Global Mental Health Congress:
Focus on the Never Served
23 October 2006
Taj Palace Hotel, Shah Jehan Hall**

0930 Call to Order

Theodore Iliff, Executive Vice President, NBCC International

Welcoming Remarks

Dr. Dawna Jackson-Sanford, Chair, NBCC Board of Directors

KEYNOTE ADDRESS

Global Mental Health Challenges from the WHO Perspective

Dr. Benedetto Saraceno, Director, Department of Mental Health and Substance Dependence, WHO
(introduced by Dr. Dawna Jackson-Sanford)

There is a rapid rise of mental health disorders. They represent a major challenge to global development. The rise in this burden will be relatively higher in developing countries. Cost-effective interventions are available for almost all mental disorders. Nevertheless, cost-effective interventions are not implemented and there is a huge gap between treated and untreated. Closing this gap is therefore a clear obligation which requires more investment, more human resources and a radical conceptual, paradigm shift.

REFRESHMENTS

NBCC International: Expanding Capacity, Maintaining Quality

Dr. Thomas Collins, Board Chair, NBCC International

NBCC International was founded by the National Board for Certified Counselors, the preeminent counselor certification body in the United States. Although NBCC International is a relatively new organization, its staff has taken steps towards resolving the worldwide conundrum of expanding provider capacity in various community settings, while at the same time assuring that services are of high quality. NBCC International helps local experts develop mechanisms to meet these needs.

1200 LUNCH

1330 Call to Order

Theodore Iliff

Introductory Remarks

Dr. Thomas Clawson, President & CEO, NBCC and Affiliates

Mental Health Needs in the Developing World: The Place of Counseling Services

Dr. R. Srinivasa Murthy, Professor of psychiatry (Ret.)
(introduced by Dr. Thomas Clawson)

Countries in the developing world face the challenge of providing mental health services with extremely limited numbers of mental health professionals. This offers an opportunity to think beyond professionals to deliver care programs. The presentation will cover (i) the mental health needs in selected areas, such as Afghanistan, Iraq, Sudan, Palestine, and India; (ii) the innovative approaches developed to provide mental health care; (iii) the approach to development of human resources for mental health care and; (iv) the place of counselors in emerging mental health programs.

REFRESHMENTS

ATLAS: Mapping International Mental Health Care

Dr. J. Scott Hinkle, Coordinator of Clinical Training, NBCC International

Dr. Shekhar Saxena, Coordinator, Mental Health Determinants and Populations, Department of Mental Health and Substance Dependence, WHO
(introduced by Theodore Iliff)

Appropriate allocation of resources is possible only when current needs and resources have been identified. The joint NBCC International/WHO *Atlas: Country Resources for Counselling* will provide policy makers and planners insight into counselor resources. This information will be critical to making informed decisions about counselors' roles in crisis response and mental health initiatives. Preliminary results from the ongoing data collection and related ATLAS information will be presented.

1730 Adjournment

24 October 2006

0900 Call to Order

Theodore Iliff, Executive Vice President, NBCC International

Remarks

Dr. Thomas Clawson, President & CEO, NBCC International

KEYNOTE ADDRESS

Creative Approaches to Education for the Poorly or Never Served

Harriet Mayor Fulbright, President, J. William and Harriet Fulbright Center
(introduced by Thomas Clawson)

A key component for wellness is education. In any nation, rich or poor, education for children from disadvantaged homes is of critical importance. In the United States, a number of schools have found creative and effective ways to instill a love of learning and are willing to share the lessons they have learned. These lessons can resonate far beyond American communities, and their essence can serve as the basis for promoting other aspects of wellness in any society.

REFRESHMENTS

Call to Order

Theodore Iliff

Suicide Prevention in Developing Countries – Fact, Fiction, or Fantasy?

Lakshmi Vijayakumar, Consultant Psychiatrist, VHS Hospital and Indian Institute of Technology &
Member, WHO International Network for Suicide Prevention and Research
(introduced by Dr. M. Sylvia Fernandez, Board Co-Chair, NBCC International)

Developing countries grapple with malnutrition, infectious diseases, infant and maternal mortality, and consequently suicide prevention is accorded low priority. There is also a paucity of mental health professionals which has led to the emergence of NGO's in suicide prevention. Innovative, cost effective and culturally appropriate programs have been developed by them to reach the unreached. A social and public health response to suicide is crucial in developing countries and should complement a mental health response.

1215 LUNCH

1400 Call to Order

Theodore Iliff

Mental Health Facilitator: Curriculum Development

Dr. J. Scott Hinkle, Coordinator of Clinical Training, NBCC International
Dr. Stanley P. Kutcher, Associate Dean, Intl. Medical Development and Research Faculty of Medicine, Dalhousie University
Dr. Sonia Chehil, Intl. Psychiatry Fellow, Intl. Medical Development and Research Faculty of Medicine, Dalhousie University
(introduced by Dr. Nur Gryzkewicz, Chair, CCE Board of Directors)

Estimates suggest that more than 450 million people live with unserved mental health needs. One of the principal limitations to providing mental health services has been the lack of adequately trained providers. A new kind of helper, the Mental Health Facilitator (MHF), can provide basic mental health services and act as an intermediary between communities and formal mental health systems. Current views on MHF training and service provision will be introduced.

REFRESHMENTS

Call to Order

Theodore Iliff

MHF Town Meeting: Ideas/Questions

Dr. J. Scott Hinkle
(introduced by Theodore Iliff)

Audience comments regarding the MHF program will be fielded. Participants are encouraged to provide feedback on MHF training and service provision as presented by Hinkle, Kutcher, and Chehil.

Closing remarks

Dawna Jackson-Sanford, Chair, NBCC Board of Directors

1730 Adjournment

NBCC International Global Mental Health Congress

Focus on the Never Served

Board Biographies



Board 2006-2007

Thomas Collins, Board Chair

Dr. Collins is the first Board Chair for NBCC International, a counselor educator at the University of Scranton in Scranton, Pennsylvania, and a Past Chair of the NBCC Board of Directors (2004-2005). Under Dr. Collins' chairship of NBCC, the organization opened its newest division, NBCC International, and continued its work as both a national and international leader in counselor credentialing.

In addition to training counselors in the United States, Dr. Collins is co-director of the USAID-funded collaborative master's degree program at Universidad Iberoamericana in Mexico City. A Licensed Professional Counselor (LPC) in his home state, he maintains a small private practice. His clinical work in the past 26-year period includes psychotherapy, psychological testing, psychosocial oncology, crisis intervention, and services for emotionally disturbed youth. He also publishes and presents extensively on a variety of mental health topics. His most recent scholarly book, authored with Dr. Barbara Collins in 2005, is titled *Crisis and Trauma: Developmental-Ecological Intervention*.

M. Sylvia Fernandez, Board Chair-elect

Dr. Fernandez is Board Chair-elect for NBCC International, a counselor educator at Barry University in Miami Shores, Florida, and immediate Past Chair of the NBCC Board of Directors.

Dr. Fernandez holds Licensed Professional Counselor (LPC) and Supervisor Specialty License credentials. She also holds Approved Clinical Supervisor (ACS) certification. She has published in professional journals and contributed book chapters on a variety of topics including multicultural counseling, clinical supervision, violence in American schools, counseling persons with spinal cord injury, and counseling Southeast Asian students. She has delivered professional presentations internationally, nationally, regionally, and locally. Dr. Fernandez has served in professional leadership roles at the national and state levels. She has been a member of several national counseling association task forces and committees as well. Dr. Fernandez is a past President of the Arkansas Counseling Association, a past President of the Arkansas Association for Counselor Education and Supervision, and a past Chair of the Arkansas Board of Examiners in Counseling.

Huda Ayyash-Abdo, Member

Dr. Ayyash-Abdo is a counselor educator at the Lebanese American University in Beirut where she has held numerous administrative and committee positions. She has conducted research in developmental counseling and counselor education, and is a peer reviewer for three international journals. With a number of book chapters and refereed journal publications to her credit, Dr. Ayyash-Abdo has presented at more than three dozen state, regional, national and international conferences, including "Reality and Opportunity: School-based Family Counseling in Lebanon," a presentation at Oxford University.

Dr. Ayyash-Abdo coordinated the first national conference in Lebanon on school counseling, and initiated one of the first master's level training programs in school counseling in Lebanon. She has been a consultant for the Association of Anglo-Catholic Schools in Lebanon, providing short-term, in-service training to school administrators; conducted cross-regional research in Amman, Jordan, for the United Nations International Children's Emergency Fund (UNICEF); and provided services to a number of organizations in the Washington, DC area in the United States.

Dan-Bush Bhusumane, Member

Dan-Bush Bhusumane is a Lecturer in the Counsellor Education Section of the University of Botswana and is President of the African Association for Guidance and Counselling (AAGC). In addition, Mr. Bhusumane has been an Executive Council member of the International Association for Counselling (IAC). He is currently a doctoral student in Counselor Education and Supervision at Duquesne University in Pittsburgh, Pennsylvania, USA. He has been actively involved in the development of counseling programs and resources in his home country of Botswana where he served in the Ministry of Education and in sub-Saharan Africa as a whole through projects such as the Guidance, Counselling, and Youth Development Centre for Africa in Malawi. His current research interests include the challenges faced by counselors in Africa and the use of indigenous practices and knowledge in guidance and counseling in Africa. Mr. Bhusumane has travelled around the world extensively and credits his travel experiences with providing considerable insight into issues and challenges in counseling today.



Board 2006-2007

Tuncay Ergene, Member

Dr. Ergene is a counselor educator at Hacettepe University in Ankara, Turkey. His areas of expertise include counselor education, counseling adolescents, trauma counseling, and mental health policy. His recent research has focused on designing emergency response programs for children. He has published in a number of journals, including the *Harvard Review of Psychiatry*, *AIDS Education and Prevention*, *Hacettepe University Faculty Journal of Educators*, the *Journal of Psychiatry, Psychology and Psychopharmacology*, the *Euroasian Journal of Education Research*, and others. His books include *Traumatic Experiences and Children* among others. He has presented papers nationally and internationally.

Dr. Ergene was a founding member of the Psychological Counseling and Guidance Association in Turkey; served on its Executive Committee for three years; and is the President of the association's legislation committee. He has served twice as an Associate Editor of the *Psychology, Psychiatry and Psychopharmacology Journal* and is also an editorial board member for the *HIV/AIDS Journal* and for the *Journal of Educational Research*. He has received numerous scholarships, fellowships and other honors, including an award from Ohio University for outstanding service; a UNICEF award for disaster emergency work with children; and an award from the Turkish Ministry of Education for work on school-based trauma programs after the 1999 Marmara earthquakes.

R. Srinivasa Murthy, Member

Dr. Murthy is retired a professor of psychiatry and a World Health Organization mental health expert. He has worked with teachers, volunteers and a variety of non-professionals in fostering a broader understanding of mental health. His research areas include community mental health, schizophrenia, national mental health programs, and the training of non-professionals in mental health care. Dr. Murthy has written more than 10 books and has published more than 200 journal articles. Select titles include *Mental Health by the "People,"* ; *Decade of the Brain*; *Reaching the Unreached – Mental Health in Countries of the Eastern Mediterranean Region of WHO*; *Community Mental Health in India, 1950-2000*. He has presented at numerous international and national conferences and at other levels.

A postgraduate teacher of psychiatrists, clinical psychologists, psychiatric social workers and nurses for nearly three decades, Dr. Murthy has also trained mental health care workers in disaster relief since 1984. He was editor-in-chief of WHO's *2001 World Health Report* on mental health, and was WHO's acting Regional Advisor for Mental Health for the Eastern Mediterranean office in Cairo (2003-2005). He served briefly as WHO's Mental Health Officer in Sudan early in 2006 and is currently serving in a similar position in Iraq. From 1984-1991, Dr. Murthy was in charge of the Advanced Centre for Research in Community Mental Health at the Indian Council of Medical Research in New Delhi. He conducted a number of research projects for WHO from 1975-2003.

See Ching Mey, Member

Dr. See is a counselor educator at Science University Malaysia. Her research interests include educational and counseling psychology, special education (with emphasis on autism), psychological testing, and mental health. She has published in a number of national and international journals, and has authored several books, including *A Window into the Autistic Mind*, *My Special Child*, *The REACH Way to Transformation*, the *Psychological Profile of Adolescent Inventory: A Tool to Assess Adolescents' Psychological Needs*, and *Career Planning Program: A Resource for Counselors to Help Students Assess and Make Career Choices*. She has presented numerous papers at national and international conferences. Dr. See was awarded a United Nations grant for a study, "Trends and Differentials of Chinese Marriages in the New Villages," and has been awarded a number of national grants by the Ministry of Education in Malaysia.

Dr. See has served as a board member of the Association of Psychological and Educational Counselors of Asia-Pacific (APECA); a member of the Board of Counselors Malaysia, and on Malaysia Counseling Association (PERKAMA) committees. She received the Sin Chew Da Ai Award (Sin Chew Kind Heart Award) in 2006 and the Maal Hijrah Excellence Award (Academic Category) from University Science Malaysia in 2005.

Antonio Tena Suck, Member

Dr. Tena is a psychology professor and coordinator of the master's program in psychological counseling at Universidad Iberoamericana (UIA) in Mexico City. He co-directs the USAID-funded counselor training exchange program with University of Scranton in Scranton, Pennsylvania. Dr. Tena has more than 15 years of experience as a mental health professional.

While the bulk of Dr. Tena's research has focused on counseling clients with eating disorders, he is also recognized for his work on counseling adolescents and adults, teaching research methods, and assessment. More recently, Dr. Tena's research has approached primary prevention, community-based care, and international counseling issues. He has published two books and more than 18 articles in national and international journals. He has presented his research at national and international conferences. He is a member of national (in Mexico and the United States) professional associations as well as international professional associations. Dr. Tena co-coordinated the first Interamerican Counseling Congress, a meeting of professional counselors from throughout Latin America and the Caribbean, which first started in 2002 and enjoys continued growth.



NATIONAL BOARD FOR
CERTIFIED COUNSELORS™

Board of Directors 2006-2007

Dawna Jackson-Sanford, Chair

Dr. Jackson-Sanford began her tenure as Chair of the NBCC Board of Directors in 2006. She has been a National Certified Counselor (NCC) since 1983.

Dr. Jackson-Sanford is a mental health counselor in private practice in Boise, Idaho and holds Licensed Clinical Professional Counselor (LCPC) and Licensed Marriage and Family Therapist (LMFT) credentials issued by the state of Idaho. She is also a Licensed Alcohol and Drug Abuse Evaluator. With more than 20 years as a professional counselor, Dr. Jackson-Sanford has developed a successful practice in a rural setting. She was honored with the 2005-2006 Idaho Counseling Advocate of the Year Award.

Linda Foster, Chair-elect

Dr. Foster, a National Certified Counselor (NCC), and National Certified School Counselor (NCSC) since 1999 and 2000 respectively, is a practicing school counselor at McAdory High School in McCalla, Alabama and also maintains a private counseling practice.

Dr. Foster holds a Licensed Professional Counselor (LPC) credential and is a Licensed Supervising Counselor helping school counselors meet clinical supervision requirements for licensure. Dr. Foster's research interests are in the areas of professional credentialing, identifying school counselor work activities, and teaching research methods to school counselors. Dr. Foster has been actively involved in developing, implementing, and evaluating district-wide as well as local comprehensive school counseling and guidance program models. Dr. Foster received the Outstanding Alumna, Counselor Education Award from the University of Alabama at Birmingham (UAB) in 2005.

Kurt L. Kraus, Director

Dr. Kraus was elected to the NBCC Board of Directors in 2004. He is a counselor educator who teaches in the School, Community, and Mental Health Counseling programs at Shippensburg University in Shippensburg, Pennsylvania. Dr. Kraus has been a National Certified Counselor (NCC) since 1989.

Dr. Kraus holds Licensed Professional Counselor (LPC) and Approved Clinical Supervisor (ACS) credentials. Dr. Kraus, a Fellow of the Association for Specialists in Group Work (ASGW), has recently coauthored, with Dr. Peg Carroll, *Elements of Group Counseling*. Dr. Kraus has held various national counseling association leadership positions and served as an editorial board member for the *Journal for Specialists in Group Work*. Dr. Kraus is a consultant for the Pennsylvania Coalition Against Domestic Violence and the Carlisle Area Health and Wellness Foundation. Dr. Kraus continues to practice counseling by leading a variety of counseling and psychotherapy groups in the University Counseling Center.

Kok-Mun Ng, Director

Dr. Ng, a counselor educator at the University of North Carolina at Charlotte, was elected to the NBCC Board of Directors in 2006. He has been a National Certified Counselor (NCC) since 1996, is a Licensed Professional Counselor (LPC) in North Carolina and Texas, and a Registered and Licensed Counselor (RLC) in Malaysia.

His research interests include multicultural and cross-cultural counseling, supervision, marriage and family counseling, emotional intelligence and well-being issues. His research has been published in national and international journals and has been presented at national and international conferences. In addition to training counselors, Dr. Ng also provides clinical supervision to counseling licensure candidates and counseling to individuals, couples, and families. Prior to moving to Charlotte, Dr. Ng was a staff counselor and lecturer at Texas A&M University at Commerce and at HELP University/College in his native Malaysia.

Donna Mastrangelo, Director

Ms. Mastrangelo joined the NBCC Board of Directors as the public member in 2006. She is the vice president and senior executive producer of CNN en Español, CNN's 24-hour Spanish-language news network. Her involvement in CNN en Español allows her to offer valuable insight on current events and trends in regard to world affairs as NBCC's public member.

Under Ms. Mastrangelo's management, the quality and scope of CNN en Español has been increased. This is evidenced by receipt of the following awards: Alfred I DuPont-Columbia University Award for coverage of the Southeast Asia tsunami disaster, Peabody Award for coverage of Hurricane Katrina, Ten Promax BDA Design Awards (the most prestigious recognition in U.S. broadcast media design) as well as numerous awards in Mexico, Argentina, Venezuela, Colombia and Costa Rica.

John "Jack" Schmidt, Director

Dr. Schmidt joined the NBCC Board of Directors in 2005. He has been a National Certified Counselor (NCC) for 23 years.

Dr. Schmidt, a counselor educator, is widely recognized for his expertise in school counseling. He holds a North Carolina K-12 school counselor license and is a Licensed Professional Counselor (LPC). In addition to school counseling, Dr. Schmidt's interests include child and adolescent counseling, self-concept development, Invitational Theory, and group counseling. He has authored more than 50 scholarly publications including the books *Counseling in Schools* (4th edition); *A Survival Guide for the Elementary/Middle School Counselor*; *Invitational Counseling*; and *Intentional Helping: A Philosophy for Proficient Caring Relationships*. He has served as the Coordinator of School Counseling Services for the state of North Carolina and has served on the North Carolina Board of Licensed Professional Counselors. Dr. Schmidt has received numerous recognitions and awards during his career, including the Ella Stephens Barrett Award for Leadership from the North Carolina Counseling Association.



Board Chair, 2006-2007

Nur Gryskiewicz

Dr. Gryskiewicz joined the CCE Board of Directors in 2003. Dr. Gryskiewicz has been a practicing organizational psychologist and university professor for more than 20 years. She is currently an Executive Coach for the World Bank in Washington, D.C. and continues her work as a consultant with the Center for Creative Leadership, Duke Corporate Education, and the Executive Development Group.

She was an Associate Professor in the Department of Business Administration in the Bryan School of Business and Economics at the University of North Carolina in Greensboro from 1987 to 2000. She has published numerous articles in scholarly journals and also co-authored the chapter "Understanding Cultural Differences on the 360-Degree Feedback Process" in *Maximizing the Value of 360-Degree Feedback*. As a consultant, she has designed and administered attitude surveys and 360-degree assessment instruments, conducted career management programs, and worked extensively with top management teams and executives in leadership development programs. She has conducted workshops in Canada, Australia and New Zealand, for the Oxford Management Centre in Egypt, the Cambridge Management Centre in England, the Norwegian Leadership Institute, the Turkish Management Institute, and the International Leadership Academy of the United Nations University in Amman, Jordan.



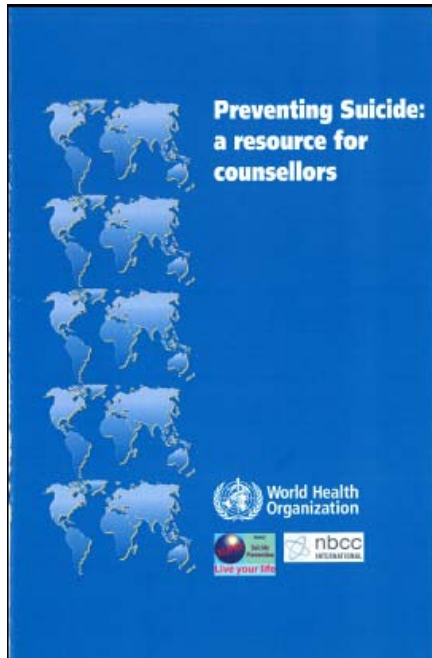
Provisional Board Chair, 2006-2007

Wayne Lanning

Dr. Lanning is a retired school counselor, counselor educator, university administrator, and Past Chair of the NBCC Board of Directors. Based on his demonstrated administrative record, he was invited to serve as the first NBCC Foundation Board Chair. Dr. Lanning and his fellow Board members will establish policies and objectives to assure the Foundations' success in supporting counseling-related programs.

Dr. Lanning's career as a counselor spans a period of more than 30 years. In that time he has developed expertise in student athlete adjustment and sport performance, counselor supervision, and more recently, on the use of technology in counseling and counselor education. He has presented his research nationally and regionally and has published extensively in refereed journals. Dr. Lanning has served on journal editorial boards since 1976. He has received more than \$270,000 in external funding for various projects and programs he has directed throughout his career.

Available Now from NBCC International



Preventing Suicide: A Resource for Counsellors may be downloaded FREE of CHARGE from the NBCC International website at <http://www.nbccinternational.org/home/leadership-development/publications--research/suicidebrochure>

This joint World Health Organization/NBCC International publication provides counselors important information, regardless of their primary work setting. The booklet includes information on identifying suicidal behavior and helpful intervention strategies.

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THE PRACTICE OF INTERNET COUNSELING

National Board for Certified Counselors, Inc.TM
3 Terrace Way, Ste D, Greensboro, NC 27403-3660
and
Center for Credentialing and Education, Inc.TM
3 Terrace Way, Ste B, Greensboro, NC 27403-3660

This document contains a statement of principles for guiding the evolving practice of Internet counseling. In order to provide a context for these principles, the following definition of Internet counseling, which is one element of technology-assisted distance counseling, is provided. The Internet counseling standards follow the definitions presented below.

Section A: A Taxonomy for Defining Face-To-Face and Technology-Assisted Distance Counseling

The delivery of technology-assisted distance counseling continues to grow and evolve. Technology assistance in the form of computer-assisted assessment, computer-assisted information systems and telephone counseling has been available and widely used for some time. The rapid development and use of the Internet to deliver information and foster communication has resulted in the creation of new forms of counseling. Developments have occurred so rapidly that it is difficult to communicate a common understanding of these new forms of counseling practice.

The purpose of this document is to create standard definitions of technology-assisted distance counseling that can be easily updated in response to evolutions in technology and practice. A definition of traditional face-to-face counseling is also presented to show similarities and differences with respect to various applications of technology in counseling. A taxonomy of forms of counseling is also presented to further clarify how technology relates to counseling practice.

Section B: Nature of Counseling

Counseling is the application of mental health, psychological, or human development principles through cognitive, affective, behavioral, or systemic intervention strategies that address wellness, personal growth, or career development as well as pathology.

Depending on the needs of the client and the availability of services, counseling may range from a few brief interactions in a short period of time, to numerous interactions over an extended period of time. Brief interventions, such as classroom discussions, workshop presentations or assistance in using assessment information or instructional resources may be sufficient to meet individual needs. These brief interventions may lead to longer-term counseling interventions for individuals with more substantial needs. Counseling may be delivered by a single counselor, two counselors working collaboratively, or a single counselor with brief assistance from another counselor who has specialized expertise that is needed by the client.

Section C: Forms of Counseling

Counseling can be delivered in a variety of forms that share the definition presented above. Forms of counseling differ with respect to participants, delivery location, communication medium and interaction process. Counseling participants can be individuals, couples, or groups. The location for counseling delivery can be face-to-face or at a distance with the assistance of technology. The communication medium for counseling can be what is read from text, what is heard from audio, or what is seen and heard in person or from video. The interaction process for counseling can be synchronous or asynchronous. Synchronous interaction occurs with little or no gap in time between the responses of the counselor and the client. Asynchronous interaction occurs with a gap in time between the responses of the counselor and the client.

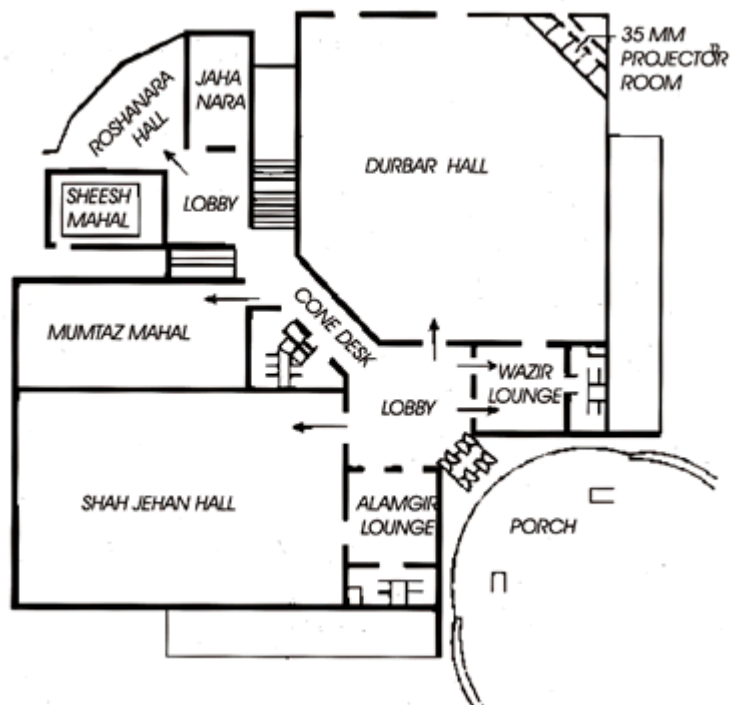
The selection of a specific form of counseling is based on the needs and preferences of the client within the range of services available. Distance counseling supplements face-to-face counseling by providing increased access to counseling on the basis of necessity or convenience. Barriers, such as being a long distance from counseling services, geographic separation of a couple, or limited physical mobility as a result of having a disability, can make it necessary to provide counseling at a distance. Options, such as scheduling counseling sessions outside of traditional service delivery hours or delivering counseling services at a place of residence or employment, can make it more convenient to provide counseling at a distance.

The Practice of Internet Counseling provides a set of guidelines to guide ethical practice while conducting technology-assisted counseling. NBCC, one of the first professional bodies to recognize the need to provide consumers and service providers with a technology-assisted counseling taxonomy and guidance on acceptable behavior released this document in 2001. It remains a seminal resource in the field.

The document may be obtained FREE of CHARGE by visiting <http://www.nbcc.org/webethics2>

NBCC International Global Mental Health Congress:
Focus on the Never Served

Taj Palace Hotel
23 and 24 October 2006



Help Desk

Nametags and Congress information packets are available in the lobby near the Shah Jehan Hall.

Plenary Session Venue

All Congress plenary sessions will be delivered in the Shah Jehan Hall.

Lunch

Lunch will be served in Raja Bagh.