

## Mental Health Facilitator (MHF) Update



The expansion and sustainability of NBCC-I's Mental Health Facilitator (MHF) program is one of the priorities of the individual MHF partners. As our partners conduct more MHF trainings, the positive effects brought about by MHFs

will continue to increase in local communities. One of our most active partners is the Asociación Mexicana de Orientación Psicológica y Psicoterapia (Mexican Association of Counselors and Psychotherapists; AMOPP). This partner conducted four MHF trainings in 2011, adding 74 MHFs for a total of 168. These MHF trainees are professionals, students and lay people who care about the mental well-being of their communities. In response to an AMOPP request and due to the needs of the expanding program, NBCC-I conducted a master training in Leon, Mexico, in October 2011, increasing the program's ability to expand to more areas of the country. NBCC-I welcomes the following group of master trainers:

- Ms. Olga del Carmen Alonso Peralta
- Ms. Marina Contreras Moreno
- Ms. Christian Ana Corona Carmona
- Ms. Viviana Demichelis Machorro
- Ms. Ana Luisa Barron Rodriguez
- Ms. Graciela Flores Alcocer
- Dr. Olga Jessica Gutierrez Castillo
- Mr. Eitan Kleinberg Druker
- Ms. Jennifer Legorreta Legorreta
- Dr. Robert Eugene Martinez Frias
- Dr. Maria de la Salud Naranjo Ruiz
- Dr. Elsa Sanchez-Corral Fernandez
- Ms. Maria Amparo Oliver Garza
- Ms. Ameyalli Mariana Rodriguez Cano
- Ms. Laura Sendra Torroella

This is the third master training that NBCC-I has conducted abroad.

In February 2012, NBCC-I conducted its sixth master training at NBCC headquarters. NBCC-I is pleased to host the following participants for this training:

- From Bhutan: Mr. Rinchen Wangyel
- From Malawi: Mr. Kenneth Hamwaka
- From Nigeria: Prof. Ibrahim Kolo and Dr. Charles Ugwuegbulam
- From Turkey: Ms. Gulsah Kemer
- From Uganda: Mr. Ronald Kaluya
- From the United States: Dr. Barbara Andrews, Ms. Michelle Gross, Ms. Anita Jones, Dr. John McCarthy, Dr. Rhonda Paul, Dr. Brock Reiman and Dr. Barry Stephens

The presence of international participants in this group led to an interesting discussion on the program's

implementation and how it could be expanded in Africa and other regions of the world. There are plans to have another master training this year.



*MHF-Mexico's new master trainers*

In addition to continuing to develop partnerships in other countries, NBCC-I is exploring the possibility of developing partnerships in the U.S. The University of Phoenix and NBCC-I are working to implement the MHF curriculum into the human services bachelor's degree offered by the university. This MHF partnership would have the potential to create a large group of MHFs that could complement the mental health services in their local communities in the future.